



Optum Alaska

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Alaska Medicaid Provider Update

Suspension of Service Authorizations for Specific State Plan Services

August 1, 2023

DBH Provider –

Attached is SFY24 DBH Guidance Document #1 pertaining to the suspension of Service Authorizations for specific state plan services effective May 12, 2023.

Optum is updating provider express, their websites, and claims system as soon as possible.

Any questions regarding this guidance may be directed to mpassunit@alaska.gov in the Subject Line please note: DSPA suspended SA guidance.



July 31, 2023

SFY 2024 – DBH Guidance Document #1

Guidance Document for suspension of Service Authorizations for Specific Services listed below

Service Authorizations for Provider Types:

- Autism Services
- Community Behavioral Health Providers
- Mental Health Physician Clinics

On July 31, 2023 Centers of Medicare & Medicaid (CMS) approved an extension of the Alaska Disaster State Plan. This order suspends all Service Authorization requirements outlined in 7 AAC 135.040. The impact for providers will be as follows:

Effective May 12, 2023 providers are no longer required to submit Service Authorizations for the services outlined below. ***This suspension of Service Authorizations is effective May 12, 2023 through May 11, 2024.***

For providers who currently have recipients in services with a service authorization in place, those authorizations are now suspended, and no further service authorization request are required. Service authorizations are suspended for services below including services with XE, XU, XP, GT, 95, and FQ modifiers.

However, providers MUST do the following:

- Ensure the services provided are Medically Necessary and meet all requirements as outlined in 7 AAC 135.100 – 7 AAC 135.350
- Document the need for services in both the assessment and treatment plan
- Document the services in a progress note that indicates the medical necessity
- Continue to submit service authorization requests for 1115 substance use disorder (SUD) and 1115 behavioral health (BH) waiver services

Autism Services:

Service	CPT
Behavior Identification Assessment	97151
Adaptive Behavior Treatment	97153
Adaptive Behavior Treatment	97154
Adaptive Behavior Treatment	97155
Family Adaptive Behavior Guidance	97156
Multiple-Family Group Adaptive Behavior Treatment Guidance	97157
Group Adaptive Behavior Treatment with Protocol Modification	97158

State Plan Services – Community Behavioral Health

Service	CPT / HCPCS
Behavioral Health Screening	T1023
Assessments	H0001, H0031, H0031-HH, 90791
Psychological Testing	96136-HO, 96137-HO, 96130-HO,96131-HO
Neuropsychological Testing	96136-HP, 96137-HP, 96132-HP, 96133-HP
Psychotherapy	90832, 90834, 90837, 90846, 90846-U7, 90847, 90847-U7, 90849, 90849-U7, 90853, 90853-U7
Comprehensive Medication Services	H2010
Short Term Crisis Intervention	S9484, S9484-U6
Short Term Crisis Stabilization	H2011
Case Management	T1016
Therapeutic BH Services	H2019, H2019-HQ, H2019-HR, H2019-HS
Peer Support – Child	H0038, H0038-HR, H0038-HS
Peer Support – Adult	H0038
Day Treatment for Children	H2012

State Plan Services – Mental Health Physician Clinic

Service	CPT / HCPCS
Assessments	H0031, H0031-HH, 90791
Psychological Testing	96136-HO, 96137-HO, 96130-HO,96131-HO
Neuropsychological Testing	96136-HP, 96137-HP, 96132-HP, 96133-HP
Psychotherapy	90832, 90834, 90837, 90846, 90846-U7, 90847, 90847-U7, 90849, 90849-U7, 90853, 90853-U7
Comprehensive Medication Services	H2010
Short Term Crisis Intervention	S9484, S9484-U6

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