

Therapeutic Treatment Home Services

Today's Presenter:

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Therapeutic Treatment Homes

Service Name Abbreviation	Therapeutic Treatment Homes (TTH)
Authority Effective Date	7 AAC 139.400 05/21/2020
Revision History	08/04/2020
Service Description	Therapeutic Treatment Home Services include trauma-informed clinical services for children/adolescents who have severe mental, emotional, or behavioral health needs and who cannot be stabilized in a less intensive home setting.



Therapeutic Treatment Homes.

Service Components

- Individual Assessment conducted according to 7 AAC 139.100
- Development of cognitive, behavioral, and other trauma-informed therapies, reflecting a variety of treatment approaches provided to the child/youth on an individual or family basis.
- Linkage to medication services- including medication administration
- Case Coordination
- Crisis Intervention Services

Therapeutic Treatment Homes.

Contraindicated Services

- Home Based Family Treatment levels I, II and III
- Child Residential Treatment Levels I/II
- Psychiatric Residential Treatment Facility
- Adult Mental Health Residential I/II
- Clinically Managed Residential Withdrawal Management-3.2
- Medically Monitored Inpatient Withdrawal Management-3.7
- Medically Managed Intensive Inpatient Withdrawal Management-4.0
- Medically Monitored Intensive Inpatient Services-3.7
- Medically Managed Intensive Inpatient Services-4.0
- Clinically Managed Low Intensity Residential-3.1 (Adult/Adolescent)
- Clinically Managed High Intensity Residential Treatment-3.3 (Population Specific)
- Clinically Managed High Intensity Residential-3.5 Adult
- Clinically Managed Medium Intensity Residential Treatment-3.5 (Adolescent)

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Contraindicated Services, cont'd.

Exceptions for Residential Facilities

- Therapeutic treatment home and child residential treatment or PRTF services may be billed concurrently for up to 6 calendar days per year as part of a discharge plan from a residential treatment facility for child.
- HBFT and Therapeutic Treatment Home services may be billed concurrently for up to 12 calendar days per year as part of discharge plan for child in the home .

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Service Requirements Expectations

Therapeutic treatment homes must:

- Be provided in a licensed foster home under 7AAC 50 by at least one licensed foster parent
- Include trauma informed care by licensed foster parents and other providers within this manual as qualified for therapeutic treatment services who have received documented training or education in principles of trauma informed care.
- Include the service components for therapeutic treatment home services; and
- Be provided under the direction and supervision of a community behavioral health services provider approved under 7AAC 136.020
- Licensed foster homes furnishing Therapeutic home services are responsible for meeting all applicable state statutes and regulation for foster homes in Alaska.

Recommendations: A mental health professional clinician should provide clinical supervision of foster parents and services provided to the child, maintain at least weekly contact with staff, and meet at least two times a month face-to-face with both children and parents separately in the home, or via telehealth. It is also recommended that programs employ a caseworker which may be the mental health professional, to provide leadership for treatment team, and manage the treatment planning and coordination .

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Target Population	Children/adolescent under age 21 with severe mental, emotional, or behavioral health needs and who cannot be stabilized in a less intensive home setting.
Staff Qualifications	<p>To meet staffing requirements, programs must employ a licensed foster parent and may employ a multidisciplinary team of professionals to perform Therapeutic Treatment Home service(s), including;</p> <ul style="list-style-type: none">• Licensed physicians• Licensed physician assistants• Licensed advanced nurse practitioners• Licensed registered nurses• Licensed practical nurses• Community Health Aide• Mental health professional clinicians 7AAC 70.990 (28)• Substance Use Disorder Counselors• Certified Medical Assistants/Certified Nursing Assistants• Behavioral Health Clinical Associates• Behavioral Health Aides• Peer Support Specialist

Therapeutic Treatment Homes.

Service Location	99-Other Home. No inpatient patient or residential settings allowed.
Service Frequency Limits	90 days per SFY service authorization required to extend limit .
Service Authorization	No
Service Documentation	Therapeutic Treatment Home services must be documented in a progress note in accordance with AAC 135.130, including documentation of delivery of required clinical or medical services and family therapy.

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Relationship to Other Services	Therapeutic Treatment Homes Services may be provided concurrently with any service listed in standards manual not otherwise contraindicated.
Service Code	H2020 V 2
Unit Value	1 day = 1 unit
Payment Rate	\$294.65
Additional Information	<p>Programs may employ a multidisciplinary team of professionals to perform Therapeutic Treatment Home service(s); however, clinical oversight and program coordination must be provided as outlined above.</p> <p>It is recommended that providers and foster homes providing therapeutic treatment home services meet the standards adopted by the Alaska chapter of the Family Focused Treatment Association (FFTA) for Therapeutic Foster Care (TFC) Parents and Child Placement Agencies (CPA) for Behavioral Health providers working with TFC Homes</p>



Important Links

Link to Regulations Cited

- ▶ <https://aws.state.ak.us/OnlinePublicNotices/Notices/Attachment.aspx?id=124334>

Link to Family Focused Treatment Association (FFTA) for Therapeutic Foster Care (TFC)

- ▶ <https://www.ffa.org/general/custom.asp?page=ProgramStandardsRevised>