

CHILDREN'S RESIDENTIAL TREATMENT (CRT) LEVELS 1 AND 2

Today's Presenter:

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CHILDREN'S RESIDENTIAL TREATMENT LEVEL ONE.



Service Name Abbreviation	Children's Residential Treatment Level 1 (CRT1)
Authority Effective Date	7 AAC 139.300 05/21/2020
Revision History	08/04/2020
Service Description	<p>CRT Level One must be provided by an interdisciplinary treatment team for children or adolescents who are at risk while living in their community; for children and adolescents in need of stabilization and assessment who do not require the intensive services of medical personnel, have not responded to outpatient treatment; and have treatment needs that cannot be met in a less restrictive setting;</p> <p>CRT providers must have the capacity to identify and treat individuals with substance abuse disorders; or to refer these individuals and connect them with appropriate services.</p>

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 1



Service Components

- Integrated or Behavioral health Assessment
- Treatment plan development to result in an individualized plan of care
- Stabilize behavior (i.e. return to baseline level of functioning or decrease in escalating behavior)
- Case Coordination and referral
- Ongoing monitoring for safety and stability in the home
- Skill development including:
 - Communication, problem solving and conflict resolution skill building
 - Life/social skills required to restore functioning and provide structure and support for children with emotional and behavioral problems.
 - Self-regulation, anger management, and other mood management skills for children, adolescents and parents.
- Clinical services as described above must be provided through collaboration with other providers.
- Linkage to medication services- including medication administration is provided as needed either on site or through collaboration with other providers
- Individual safety plan which includes a crisis plan for the family if the child is in need of short-term stabilization to focus on returning them to the family home setting

CHILDREN'S RESIDENTIAL TREATMENT LEVEL ONE



Contraindicated Services

- Community Recovery Support Services
- Home Based Family Treatment levels I, II and III *
- Therapeutic Treatment Homes
- Partial Hospitalization Program
- Intensive Case Management
- Assertive Community Treatment (ACT)
- Psychiatric Residential Treatment Facility
- Adult Mental Health Residential I/II
- Clinically Managed Residential Withdrawal Management-3.2
- Medically Monitored Inpatient Withdrawal Management-3.7
- Medically Managed Intensive Inpatient Withdrawal Management-4.0
- Medically Monitored Intensive Inpatient Services-3.7
- Medically Managed Intensive Inpatient Services-4.0
- Clinically Managed Low Intensity Residential-3.1 (Adult/Adolescent)
- Clinically Managed High Intensity Residential-3.5 Adult
- Clinically Managed Medium Intensity Residential Treatment-3.5 (Adolescent)
- Crisis Residential Stabilization

CHILDREN'S RESIDENTIAL TREATMENT 1



Contraindicated Services,
cont'd.

Exceptions for Residential Facilities

- Child Residential Treatment and Therapeutic treatment home or PRTF services may be billed concurrently for up to 6 calendar days per year as part of a discharge plan from a residential treatment facility for child.
- Children's Residential Treatment services may be billed concurrently the Home-based family treatment levels 1, 2, 3 for up to 12 calendar days per year as part of discharge plan for child in the home .

CHILDREN'S RESIDENTIAL TREATMENT 1



Service Requirements Expectations

Weekly services must include:

- Minimum of three hours of treatment services per day
- Family therapy must be provided unless clinically contraindicated
- Must provide or facilitate delivery of appropriate level of ASAM substance use disorder treatment for children with SUD diagnoses
- All residential treatment services must be available during regular business hours according to the requirements of this section. Additionally appropriate residential services are delivered during evening hours and on weekends and holidays.
- CRT programs must offer services that help families, or the clients support system understand their child's diagnosis and to support the family members to develop skills and supports necessary for the child to return home.

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 1



Target Population	Children/adolescent age 0-21 with or at risk of mental health or substance use disorder and who cannot be stabilized in a less intensive home setting.
Staff Qualifications	CRT services may be staffed by a interdisciplinary team of qualified professionals to perform Therapeutic Treatment Home service(s), which may include: <ul style="list-style-type: none">• Licensed physicians• Advanced registered nurse practitioners• Licensed physician assistants• Licensed registered nurses• Licensed practical nurses• Mental health professional clinicians 7AAC 70.990 (28)• Substance Use Disorder Counselors• Community Health Aide• Certified Medical Assistants/Certified Nursing Assistants• Behavioral Health Clinical Associates• Behavioral Health Aides• Peer Support Specialist



CHILDREN'S RESIDENTIAL TREATMENT 1

Service Location	56- Psychiatric Residential Treatment Facility 99- Other appropriate setting Providers are exempt from requirement so of the Medicaid Institutions Mental Disease Exclusion, Section 1905 (a) B) of the Social Security Act.
Service Frequency Limits	45 days per SFY with service authorization required to extend limit .
Service Authorization	No
Service Documentation	Must be documented in a progress note in the patient's clinical record in accordance with AAC 135.130, including documentation of delivery of any clinic and rehabilitative services.

CHILDREN'S RESIDENTIAL TREATMENT 1



Relationship to Other Services	Children's Residential Services may be provided concurrently with any service listed in standards manual not otherwise contraindicated.
Service Code	H2033 V2
Unit Value	1 day = 1 unit
Payment Rate	\$306.00
Additional Information	CRT 1 Programs may employ a multidisciplinary team of professionals to work in their programs; however at least three (3) treatment services per day must be provided by a qualified staff to be eligible to draw down the daily rate. Additionally, providers may bill and be reimbursed for t completed days of service which meet the minimum per day requirement even if a recipient discharges from treatment against medical advice.

CHILDREN'S RESIDENTIAL TREATMENT LEVEL TWO.



Service Name Abbreviation	Children's Residential Treatment Level 2 (CRT2)
Authority Effective Date	7 AAC 139.300 05/21/2020
Revision History	08/04/2020
Service Description	<p>CRT Level 2 must be provided by an interdisciplinary treatment team in a therapeutically structured, supervised environment for children or adolescents who are at risk while living in their community.</p> <p>CRT 2 is for children/adolescents who have a history in the past calendar year of an inability to adjust and progress in a family setting, therapeutic treatment home, outpatient or other structured treatment placement. They need the environment of the facility to develop the social, behavioral and coping skills necessary to live in the community. Or children/adolescents who have completed a higher level of care but whose needs exceeds successful placement in the community setting. that cannot be met in a less restrictive setting;</p> <p>CRT providers must have the capacity to identify and treat individuals with substance abuse disorders; or to refer these individuals and connect them with appropriate services.</p>

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 2



Service Components

- Integrated or Behavioral health Assessment
- Treatment plan development to result in an individualized plan of care
- Stabilize behavior (i.e. return to baseline level of functioning or decrease in escalating behaviors.)
- Case Coordination and referral
- Ongoing monitoring for safety and stability in the home
- Skill development including:
 - Communication, problem solving and conflict resolution skill building
 - Life/social skills required to restore functioning and provide structure and support for children with emotional and behavioral problems.
 - Self-regulation, anger management, and other mood management skills for children, adolescents and parents.
- Clinical services as described above must be provided through collaboration with other providers.
- Linkage to medication services- including medication administration is provided as needed either on site or through collaboration with other providers
- Individual safety plan which includes a crisis plan for the family if the child is in need of short-term stabilization to focus on returning them to the family home setting
- As applicable, coordination with the children's /adolescent's case worker of probation officer to assure appropriate placement supervision and community services.



CHILDREN'S RESIDENTIAL TREATMENT LEVEL 2



Contraindicated Services

- Community Recovery Support Services
- Home Based Family Treatment levels I, II and III *
- Therapeutic Treatment Homes
- Partial Hospitalization Program
- Intensive Case Management
- Assertive Community Treatment (ACT)
- Psychiatric Residential Treatment Facility
- Adult Mental Health Residential I/II
- Clinically Managed Residential Withdrawal Management-3.2
- Medically Monitored Inpatient Withdrawal Management-3.7
- Medically Managed Intensive Inpatient Withdrawal Management-4.0
- Medically Monitored Intensive Inpatient Services-3.7
- Medically Managed Intensive Inpatient Services-4.0
- Clinically Managed Low Intensity Residential-3.1 (Adult/Adolescent)
- Clinically Managed High Intensity Residential-3.5 Adult
- Clinically Managed Medium Intensity Residential Treatment-3.5 (Adolescent)
- Crisis Residential Stabilization

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 2



Contraindicated
Services, cont'd.

Exceptions for Residential Facilities

- Child Residential Treatment and Therapeutic treatment home or PRTF services may be billed concurrently for up to 6 calendar days per year as part of a discharge plan from a residential treatment facility for child.
- Children's Residential Treatment services may be billed concurrently the Home-based family treatment levels 1, 2, 3 for up to 12 calendar days per year as part of discharge plan for child in the home .

CHILDREN'S RESIDENTIAL TREATMENT 2



Service Requirements Expectations

Weekly services must include:

- Minimum of five hours of treatment services per day
- Minimum of three hours of clinical services per week, including one hour each of Family therapy, group therapy and individual therapy unless clinically contraindicated in which case another clinical service may be substituted.
- Must provide or facilitate delivery of appropriate level of ASAM substance use disorder treatment for children with SUD diagnoses
- All residential treatment services must be available during regular business hours according to the requirements of this section.
- Additionally appropriate residential services are delivered during evening hours and on weekends and holidays.
- CRT programs must offer services that help families, or the clients support system understand their child's diagnosis and to support the family members to develop skills and supports necessary for the child to return home.

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 2



Target Population

Children/adolescent age 0-20 whose health is at risk while living in their communities. Appropriate referrals include children/adolescents who have not responded to outpatient treatment and who have treatment needs that cannot be provided in a less restrictive environment. Services must be determined to be medically necessary and in accordance with an individualized treatment plan.

Staff Qualifications

CRT services may be staffed by a interdisciplinary team of qualified professionals to perform Therapeutic Treatment Home service(s), which may include:

- Licensed physicians
- Advanced registered nurse practitioners
- Licensed physician assistants
- Licensed registered nurses
- Licensed practical nurses
- Mental health professional clinicians 7AAC 70.990 (28)
- Substance Use Disorder Counselors
- Community Health Aide
- Certified Medical Assistants/Certified Nursing Assistants
- Behavioral Health Clinical Associates
- Behavioral Health Aides
- Peer Support Specialist



CHILDREN'S RESIDENTIAL TREATMENT 2



Service Location	56- Psychiatric Residential Treatment Facility 99- Other appropriate setting Providers are exempt from requirement so of the Medicaid Institutions Mental Disease Exclusion, Section 1905 (a) B) of the Social Security Act.
Service Frequency Limits	90 days per SFY with service authorization required to extend limit .
Service Authorization	No
Service Documentation	Must be documented in a progress note in the patient's clinical record in accordance with AAC 135.130, including documentation of delivery of any clinic and rehabilitative services.

CHILDREN'S RESIDENTIAL TREATMENT LEVEL 2



Relationship to Other Services	Children's Residential Services may be provided concurrently with any service listed in standards manual not otherwise contraindicated.
Service Code	H2033 TF V2
Unit Value	1 day = 1 unit
Payment Rate	\$425.37
Additional Information	<p>CRT 2 Programs may employ a multidisciplinary team of professionals to work in their programs; however at least five (5) treatment services per day must be provided by a qualified staff to be eligible to draw down the daily rate.</p> <p>Additionally, providers may bill and be reimbursed for completed days of service which meet the minimum per day requirement even if a recipient discharges from treatment against medical advice.</p>

CHILDREN'S RESIDENTIAL PROGRAMS



7 AAC 139.325. Behavioral health residential treatment services for children.

(a) Behavioral health residential treatment services in this section must be provided in a facility approved by the department and that maintains a therapeutically structured and supervised environment according to the criteria listed in the Alaska Behavioral Health Providers Services Standards & Administrative Procedures for Behavioral Health Provider Services, adopted by reference in 7 AAC 160.900.

(b) Behavioral residential treatment services for children must be provided by an interdisciplinary treatment team for an individual under 7 AAC 139.010(1) according to the following criteria:

(1) level 1: for children and adolescents in need of stabilization and assessment who do not require the intensive services of medical personnel and who have

(A) not responded to outpatient treatment; and

(B) treatment needs that cannot be met in a less restrictive setting;

(2) level 2: for children and adolescents who have had more than three placements in a less structured treatment facility in one calendar year and who have

(A) not responded to a less intensive level of care;

(B) treatment needs that cannot be met in a less restrictive setting; or

(C) completed a higher level of care and require a step-down level of care before returning to a community setting. (Eff.)2



IMPORTANT LINKS

Link to Regulations Cited

<https://aws.state.ak.us/OnlinePublicNotices/Notices/Attachment.aspx?id=124334>

