



Alaska Medicaid
Behavioral Health Services

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About This Handbook

Updates to this handbook will be needed from time to time as federal and state regulations change. As updates are made, the date of the handbook will also be updated.

Participant Helpline

If you are a participant or a participant advocate and have questions about Medicaid coverage, please call 800.225.8764, toll-free statewide Monday through Friday between 8:00 a.m. and 6:00 p.m., Alaska Time. After hours, please leave a message and your call will be returned the following business day. You can also visit our website at <https://alaska.optum.com/>

You may also email the helpline staff at MedicaidHelpOptumAK@optum.com. The participant services representative will assist you with your questions about services covered by Alaska Medicaid, provide a list of Medicaid-enrolled providers, and explain how to use your Medicaid benefits in general. Most problems are solved with the initial call or with a call back. Some problems take longer to investigate and will need more time.

If you are deaf or hard of hearing and would like to contact us, please call 711 for TTY services. If you would like this handbook in large print, compact disc (cd) or written in another language call 800.225.8764

Other Languages

Free language assistance services are available to you. For help, call **800.225.8764**.

Hmong:

Muaj kev pab txhais lus pub dawb rau koj. Thov hu rau **800.225.8764** lossis saib hauv qab.

Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **800.225.8764** 번으로전화해 주십시오.

Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **800.225.8764**.

Spanish

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **800.225.8764**.

Tagalog

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **800.225.8764**.

How Alaska Medicaid Works

Eligibility

The Division of Public Assistance (DPA) decides initial and ongoing eligibility of individuals and families who may need Medicaid, Denali KidCare, or CAMA benefits. DPA staff will assess each person who applies and identify the Medicaid program that meets his or her needs. DPA staff decide eligibility and authorize benefits for all children and adults except those children served by or in the custody of the Office of Children's Services.

As families change from welfare to work, DPA staff members make sure that eligible family members continue to receive transitional Medicaid benefits.

When you become eligible for Medicaid you will receive your own identification (ID) number. DPA sends out written documentation that a participant is eligible for Medicaid coverage in a given month. Any of the following documents will serve as proof of your Medicaid eligibility.

Medicaid Card/Coupon

Most Medicaid participants will receive an identification (ID) card. This ID card contains the name, participant ID number, date of birth, eligibility month and year, and eligibility code.

A non-standard participant ID card has the same participant and medical resource information as the standard card, but is used for a participant whose Medicaid coverage is restricted to certain services, such as an exam for disability, or emergency care for an alien.

Denali KidCare Card

Each child enrolled in Denali KidCare (DKC) will receive a DKC card. This card can be used for health care and medical-related services only for the person named on the card. The coverage period is generally one year and is good for the period shown on the front of the card.

CAMA Card/Coupon

Each CAMA coupon is issued on a monthly basis and is good only for those services covered by the CAMA program and provided by an enrolled provider. The CAMA coupon verifies a participant's eligibility and lets the provider know what services the participant is can receive.

Care Management Card/Coupon

The Care Management Coupon (CMP) is printed on a full size sheet of paper and is issued on a monthly basis. Unlike other cards and coupons, CMP coupons are issued by the Care Management Program and not by DPA. A coupon contains the participant's name and other identifying information, as well as the primary provider and pharmacy that have been selected for the participant. When a participant needs another coupon issued or has questions regarding the program they may contact Care Management Program at 907.644.6842.

How to Use Your Alaska Medicaid Card/Coupon

- Check with your health care provider when you make your appointment to make sure the provider is enrolled with Alaska Medicaid and will accept you or your child as a Medicaid patient.
- Arrive on time for your appointment. Call your health care provider's office if you are unable to make it on time. If you need to cancel, let them know 24 hours before your appointment time. You are responsible for paying for your "no show" appointments.
- Show your participant identification card, DKC card, or coupons to your physician or other

health care provider each time you receive medical treatment. You must always do this or you may have to pay for the full cost of your treatment. You may be responsible for a small share of the cost. This is called a copayment.

- For your records, you should also ask for a copy of the bill or a receipt. This is proof that you have provided your Medicaid information at the time of service.

Other Medical Insurance or Health Coverage

Medicaid is the “payer of last resort.” This means that if you have other health insurance or belong to other programs that can pay a portion of your medical bills, payment will be collected from those sources first. This is called third-party liability (TPL). Medicaid may then pay all or part of the amount that is left.

IMPORTANT!

- When you apply for Medicaid, you must indicate if you have any other type of health care insurance or benefits.
- If you get insurance or medical coverage while you are eligible for Medicaid, you must contact your DPA office immediately and provide the insurance information.
- If there is a change in your other coverage while you are on Medicaid, you must contact your DPA office immediately. Some important TPL changes include new health insurance because it is a new year, coverage ended or a dependent is no longer eligible due to age or other circumstance.

You are responsible for providing your DPA office with the specific information relating to your insurance coverage. Please include the name, mailing address, and phone number of the insurance, the policy and group numbers and all other information required for medical claims billing.

If you fail to tell your DPA office about your other health care coverage, you may be responsible for part of your medical bill and lose your Medicaid eligibility. Your DPA office can help you determine if you have any other type of health care coverage.

Other sources of health coverage include, but are not limited to the following:

- Employment-related health insurance, either the participant’s or that of a family member
- Individually purchased health insurance
- Veterans Administration (VA) benefits
- Medicare Parts A, B, C, and D
- Tricare/Tricare for Life
- Medical support from absent parents
- Court judgments or liability settlements for accidents or injuries
- Workers’ Compensation
- Long-term care insurance
- Fisherman’s Fund (for commercial fishermen in Alaska)

Who is covered by Alaska Medicaid?

Medicaid is an entitlement program that is funded by both federal and state governments. How much each form of government gives in funds changes from time to time. The federal government figures out guidelines that require states to cover certain categories and to provide certain mandatory benefits.

Alaska Medicaid categories include Medicaid Expansion, Family Medicaid, Breast and Cervical Cancer, Denali KidCare (DKC), Under 21 Medicaid, Adult Public Assistance related Medicaid, Nursing Home Medicaid, Home and Community-Based Waivers, and TEFRA. These programs assist individuals and families with health care coverage. Each category has unique eligibility rules and guidelines.

Medicaid Expansion

Medicaid expansion provides coverage to Alaskans 19 to 64 years old who are not eligible for another type of Medicaid and who have incomes that are less than 138 percent of the federal poverty level.

Family Medicaid

Family Medicaid is the primary Medicaid category for financing basic health care for low-income families with dependent children.

Denali KidCare

Adults

Denali KidCare (DKC) is a program that provides comprehensive health care coverage, including post-partum care of pregnant women who meet income guidelines.

Children

DKC is a program that ensures children and teens of both working and nonworking families have the health care coverage they need. DKC provides comprehensive health care coverage for children and teens through age 18 who meet income guidelines or whose family or parents meet income guidelines.

Breast and Cervical Cancer Program

Alaska Medicaid may be available to women who have been screened by a breast and cervical health check (BCHC) provider and found to have either a precancerous condition or cancer of the breast or cervix. The BCHC program provides breast and cervical screening services to women who meet certain income guidelines, who do not have insurance, who cannot meet their insurance deductible or whose insurance does not pay for breast and cervical health screening services. Call 800.410.6266 to find the screening services nearest you or visit the BCHC website at <http://dhss.alaska.gov/dph/wcfh/Pages/bchc> for more information about this program.

Long-Term Care

Participants who need the supervised nursing care services of a certified and licensed skilled nursing facility (SNF), intermediate care facility (ICF), or intermediate care facility for individuals with intellectual and developmental disabilities (IDD) may be eligible for Medicaid. All long-term care services require a service authorization. The participant, authorized representative, hospital, or doctor may work directly with the facility to request admission.

Home and Community-Based Waiver Services

Home and community-based waiver (HCBW) services cover the cost of services not otherwise provided for by other Medicaid programs. HCBW may allow for an eligible individual to remain at home and avoid institutionalization in other types of facilities, such as nursing facilities, acute care hospitals, or intermediate care facilities for individuals with intellectual and developmental disabilities.

To be eligible for the HCBW services, a person must meet specific income criteria and be in one of the following population groups:

- Aged
- Adult physically disabled
- Intellectually and developmentally disabled (IDD)
- Children with complex medical conditions (CCMC)

TEFRA (Disabled Children at Home)

A disabled child who does not qualify for SSI cash assistance due to parental income or resources may be eligible for TEFRA Medicaid based only on the child's own income and resources.

To be eligible for the TEFRA category, a child must meet specific income criteria and the child must require a level of care provided in an acute care hospital, nursing facility, intermediate care facility for individuals with

intellectual and developmental disabilities, or inpatient psychiatric hospital.

Adult Public Assistance Related Medicaid

The adult public assistance program (APA) was established in 1989. APA provides financial assistance to needy, aged, blind, and disabled persons. APA helps with self-support or self-care. People who receive APA financial assistance are over age 65 or have severe and long term disabilities that impose mental and physical limitations on their day-to-day functioning. Individuals eligible for APA are also eligible for Medicaid.

Under 21 Medicaid

The under 21 Medicaid categories provide comprehensive health care coverage for individuals between age 19 and 21, who meet income and resource guidelines but do not qualify under other Medicaid categories.

Medicaid Behavioral Health Services

Behavioral Health Services covered by Alaska Medicaid are described in this section. There are limits to these services and some may require a service authorization. You are responsible for asking your provider if the service the provider wants you to receive is covered by Medicaid. You are also responsible for the payment of any services you receive that are not covered by Medicaid.

While getting care for behavioral health needs, it is important to consider sharing this information with your primary care provider. This will help you get well rounded care.

- Mental Health Services include:
 - Intensive case management
 - Day treatment
 - Intensive outpatient
 - Partial Hospitalization
 - Residential treatment
 - Psychiatric Residential Treatment Facility- Adolescents
 - Inpatient hospital care

- Substance Use Disorder (SUD) Services include:
 - Community Recovery Support Services (CRSS)-Adolescents and Adults
 - SUD Care Coordination Services (also known as MAT Care Coordination)
 - Intensive Case Management-Adolescents and Adults
 - ASAM Level WM 1: Ambulatory Withdrawal Management Without Extended On-site Monitoring – Adolescents and Adults
 - ASAM 2-WM: Ambulatory Withdrawal Management Services with Extended On-site Monitoring – Adolescents and Adults
 - ASAM Level 3.2 WM: Clinically Managed Residential Withdrawal Management- Adolescents and Adults
 - ASAM Level 3.7 WM Medically Monitored Inpatient Withdrawal Management-Adolescents and Adults
 - ASAM 2.1 Intensive Outpatient Services – Adolescents and Adults
 - ASAM Level 2.5 SUD Partial Hospitalization Program – Adolescents
 - ASAM Level 2.5 SUD Partial Hospitalization Program – Adults
 - ASAM Level 3.1 Clinically Managed Low-Intensity Residential Services – Adolescents and Adults
 - ASAM Level 3.3 Clinically Managed High -Intensity Residential Services
 - ASAM Level 3.5 Clinically Managed Medium -Intensity Residential Services Adolescents
 - ASAM Level 3.5 Clinically Managed High -Intensity Residential Services Adults
 - ASAM Level 3.7 Medically Monitored Intensive Inpatient Services – Adolescents and Adults
 - ASAM Level 4.0 Medically Managed Intensive Inpatient Services – Adolescents and Adults

Services are provided by doctors, nurses, psychologists, licensed clinical social workers, SUD counselors, clinical mental health counselors, peer specialists, targeted case managers, etc.

Your provider will offer you services after he or she meets with you to talk about what you need. Your provider may recommend outpatient services, more intensive outpatient services, day treatment services, or treatment in a residential setting. If your provider thinks a different provider might be better for you, they will let you know.

How to get Behavioral Health Services

How do I get mental health or substance use disorder services?

If you or your child needs mental health or SUD services, you can see the Provider Directory at <https://alaska.optum.com/>. The directory has providers' addresses, phone numbers, services they provide, languages they speak and information on whether they are taking new clients.

After you choose a provider, call the provider to schedule your first appointment.

Emergency Services

Alaska Medicaid covers immediate care that is necessary when a sudden, unexpected occurrence creates an emergency. An emergency exists when you think your life is in danger, when you believe you might harm yourself or others, or when your safety or others' safety is at risk.

Inpatient Psychiatric Hospital and Residential Psychiatric Treatment Services

Alaska Medicaid requires a service authorization for all psychiatric admissions and continued stays at both in-state and out-of-state facilities. An evaluation, a proof of need for inpatient psychiatric services, and a plan of care must be completed and sent to Optum Alaska Medicaid for review.

- **Inpatient psychiatric hospital services** – Medicaid coverage is limited to people with acute psychiatric needs who are either under the age of 21 or over the age of 65.
- **General inpatient hospital** – coverage is available to all eligible participants with acute psychiatric needs.
- **Residential psychiatric treatment centers (RPTC)** – coverage is limited to people up to age 21. RPTCs provide residential care and treatment of mental, emotional, or behavioral disorders.

Travel for Non-Emergency Services

If you have any questions about how to use Medicaid travel benefits please call the Medicaid Participant Helpline at 800.770.5650, option 2.

Medicaid Participant Rights and Responsibilities

Rights as a patient

As a patient, you have the right to:

- Get information on your Medicaid benefits that is easily understood
- Get written information on your Medicaid benefits in a language and format that is easily understood
- Be treated with respect and dignity
- Have your privacy protected
- Get information on other types of treatment in a way that is easily understood
- Take part in treatment decisions regarding your behavioral health care, including the right to refuse treatment
- Be free from restraint or seclusion if it is used these ways:
 - To coerce (force) or discipline;
 - As a reaction (to retaliate) or for convenience;
 - As specified in federal regulations on the use of restraint and seclusion
- Get a copy of your medical record(s). You can also ask that they be amended or corrected when allowed by federal law
- Get behavioral health services in the amount you need and when you need them
- Be free to use your rights at any time and not be treated badly by Alaska Medicaid, Optum, or by your Provider if you do

You also have the right to be treated fairly and to get behavioral health care regardless of your race, color, national origin, age, disability, sex, sexual orientation, or gender identity.

Responsibilities as a patient

As a patient, you are responsible to:

- Keep your appointments and be on time
- If you need to cancel an appointment, call the provider 24 hours in advance
- Be involved in your treatment plan and care
- Tell Optum and your Medicaid eligibility worker of changes in your address, phone number or insurance
- Complete any surveys that providers give you
- Respect the property, comfort and confidentiality of patients and staff
- Notify your treatment provider when you want to stop getting services

Managing Your Care

How Medicaid Billing Works

Proof of eligibility

You must show your Medicaid identification card to your health care provider before receiving services. Your provider will send the bill directly to Alaska Medicaid for payment.

Your health care provider may make a copy of your Medicaid identification card or coupon. If you did not receive your card or coupons you may call your Division of Public Assistance office.

Medicaid regulations do not allow for reimbursement to participants if they pay for their own services.

Your Copayment

You may be required to share the cost for some services that they receive. This amount is called a “copayment”, and may include:

- \$50 a day up to a maximum of \$200 per discharge for inpatient hospital services
- \$3 for each visit to a health care provider or clinic
- 5 percent of the allowed amount for outpatient hospital services (except emergency services)
- \$.50 or \$3.50 for each prescription drug that is filled or refilled, depending on the cost of the drug.

You will be asked to pay the copayment amount directly to your health care provider when you receive services. If you cannot pay at the time services are provided, you will still receive services. Your provider will bill you for the copay amount. If you do not pay your copayments when you are billed, your provider may refuse to see you for future appointments.

Copayment is NOT required for:

- Children under the age 18
- Pregnant women
- Tribal health services provided to an individual who is American Indian or Alaska Native
- Services provided to an individual who is eligible for both Medicare and Medicaid if Medicare is the primary payer for the service
- People in nursing homes
- Family planning services and supplies
- Emergency services
- Hospice care
- CAMA participants

If you are pregnant, notify your Division of Public Assistance office right away. Your coupons will be changed to show you are pregnant so that you will not be charged a copayment.

If you receive a bill

In the event you receive a medical bill for an amount other than your copayment, you should first contact the provider at the phone number on the bill or statement to confirm that the provider has your correct participant information in order to bill Alaska Medicaid. A participant may also contact the Medicaid Participant Helpline to verify if Alaska Medicaid paid the claim.

Alaska Medicaid does not reimburse for non-covered services, including “no-show” or cancellation fees charged by a provider. **Please keep your scheduled appointment**; however if you are unable to do so, notify your provider as soon as you know that you must cancel or reschedule.

If you receive a payment for services paid by Medicaid

In the event you receive a payment from any other source of health insurance, you must first contact your provider. If the provider confirms that Medicaid has already paid your medical bill, you must contact the Division of Health Care Services at 907.334.2400 and ask to speak with someone in the Accounting and Recovery Unit for guidance on how to refund Medicaid.

If you fail to repay or refund money you have received for services paid by Medicaid, the state will take action that may affect your eligibility for Medicaid.

Retroactive or backdated eligibility

If you are approved for retroactive or backdated eligibility, you will receive a notice titled “Retroactive Medicaid Approved” or “Backdated Medicaid Approved” from your Public Assistance or Denali KidCare (DKC) office. Provide copies of this notice to all of the providers you received services from during the period covered by your retroactive, backdated eligibility. If your provider accepts your retroactive or backdated eligibility status, you are responsible only for non-covered services and copayment amounts. You may contact the Medicaid Participant Helpline with questions about your bill.

If your provider does not accept your retroactive or backdated coverage, or you do not provide a copy of the notice to your provider, you will be responsible for the service(s).

Service Authorization

Some services covered by Medicaid require a service authorization before they are received.

Only your provider can make a request for a service authorization on your behalf. Please **do not call the Alaska Medicaid Participant Helpline to obtain this authorization**. The following is a list of some of the most common services that will require your provider to obtain a service authorization:

- Travel, lodging, and meals
- Some prescription drugs
- Hospitalization

Medicaid Renewal Information

To keep your benefits current, complete and return your renewal application by the requested date. That date is the fifth of the month your benefits are to end. If you turn in your renewal application on time and you are found eligible to continue receiving benefits there will be no gap in your coverage.

If you turn in your renewal application late, your Public Assistance office may not have time to process your renewal application before your benefit eligibility coverage period ends. This means your Medicaid benefits will be delayed. If you need to use benefits before you receive your card, contact your Public Assistance office or Denali KidCare (DKC). Statewide offices are listed in the back of this book. Your coupon can be issued by fax directly to your health care provider.

How You Could Lose Your Medicaid Eligibility

Some of the reasons you could lose your Alaska Medicaid eligibility are:

- You lose your status as a resident of Alaska.
- Your income or assets increase.
- Your household composition changes.
- You lose your disability status.
- You fail to cooperate with the Child Support Enforcement Division (CSED).
- Your Public Assistance office loses contact with you.

- Your age makes you ineligible for certain Medicaid categories.
- You are untruthful about your Medicaid application or you knowingly break Medicaid rules.
- You fail to provide to Medicaid any information about insurance and other health coverage that is available to you.
- You or your legal representative fails to fully cooperate and repay Medicaid from financial settlements, judgments, or awards obtained from a responsible third party for services that were paid by Medicaid.
- You do not send in your renewal application on time.

If you are unsure about your eligibility or what may cause you to become ineligible, contact your Public Assistance office.

Fraud, Waste and Abuse

Fraud

Fraud includes using someone else's medical benefits for your health care services, using someone else's Social Security number to qualify for government assistance or providers billing for services that did not occur.

Waste

Waste is the planned use, throwing away or spending of health care or government resources in an unwise and wrong manner.

Abuse

Abuse is the planned misuse of health care or government resources. Such as requesting and getting medications you do not need to use or a provider billing for services that did not occur.

If you think someone is using your Medicaid information or committing fraud, waste or abuse, please call the Optum Alaska Medicaid helpline.

Complaints

If you have a complaint about anything, you may call Optum Alaska Medicaid helpline for assistance. Examples of complaints include: concerns about the quality of care, services given to you, rudeness of a provider, a provider not respecting your rights or suspicious behavior.

You, your legally authorized representative or your provider (with your permission) can file a complaint.

Complaints received are strictly confidential. You may report anonymously, although we prefer to have a way to contact you in case we need more information. If you provide your personal contact information please be assured that it will be kept confidential.

There is no deadline for filing a complaint. You may file a complaint at any time.

How do I file a complaint?

Call the Optum Alaska Medicaid helpline or use the online complaint form. Submit your complaint by fax to 855.508.9353, attention Complaints, or by mail to:

Mail: Optum Alaska
 Attn: Appeals & Complaints
 310 K Street, Suite 200
 Anchorage, AK 99501

Adverse Benefit Determinations

Adverse Benefit Determinations are when:

- Optum denies (turns down) or approves fewer services than you wanted
- Optum denies payment for a service that you might have to pay for
- Your provider reduces or stops a service previously approved. If you agree with the change, it is not an action. It is only an action if you tell us you don't want the change

We will send you a letter called a Notice of Adverse Benefit Determination. You will have the right to request a fair hearing if you disagree with our action.

Fair Hearings

What is a Fair Hearing?

If you disagree with a decision or action that was made by Alaska Medicaid, you have the right to ask for a fair hearing. A fair hearing is an administrative procedure in which an impartial hearing officer decides if the decision or action you disagree with was appropriate.

The following are examples of decisions or actions that may result in a fair hearing request:

- Denied application for Medicaid, home and community-based waiver services, or other benefits
- Terminated, reduced, or changed benefits
- Denied coverage for a specific medical service
- Denied or partially denied service authorization or claim

How to request a Fair Hearing

Requests for Medicaid fair hearings **must be made in writing**. A request for a fair hearing may be submitted by you or your representative.

If you disagree with a decision that was made about your Medicaid application or recertification, or if your Medicaid benefits were terminated, submit your request for a fair hearing to the Division of Public Assistance (DPA). The notice you received from DPA explains how and where to submit your request. DPA office addresses and telephone numbers are also included in this booklet.

If your denial is related to medical services or billing, submit your fair hearing request by fax to 907.644.8126, attention Fair Hearings, or by mail to:

Conduent State Healthcare
Attn: Fair Hearings
PO Box 240808
Anchorage, AK 99524

Privacy and Confidentiality

Your personal health information is protected by state and federal regulations, including the Health Insurance Portability and Accountability Act (HIPAA) of 1996. HIPAA provides you with basic rights with respect to accessing and protecting your own individual health information. To find out more about how the state is safeguarding your personal health information, view the DHSS website at:

<http://dhss.alaska.gov/dhcs/Pages/hipaa>.

You may also view the DHSS privacy notice at:
http://dhss.alaska.gov/dhcs/Documents/PDF/HIPAA/HIPAA_Privacy_Notice.pdf.

How to Find a Provider

You can go to the Optum website at <https://alaska.optum.com/> and on the left side of any page you will see **Find a Medicaid Provider Search**. Click on this and you will be able to use the search tool to find a provider in your area.

You may call Optum Alaska Medicaid helpline to request a paper copy of the provider directory or ask any questions you may have about providers in your area.

Medicaid Eligibility Codes and Coverage Categories

There are many types of Alaska Medicaid and each type has an assigned eligibility code. The eligibility code indicates to your provider what type of services you are eligible to receive through Medicaid. Listed below in the chart is a brief description of the codes printed on a Medicaid card or coupon that are eligible for Behavioral Health Services. The benefit information is only a brief summary and is not intended to be a complete description of your benefits. For more information please contact the Medicaid Participant Helpline at 800.770.5650, option 2.

Eligibility Code and Description		Eligibility Code and Description	
11	Medicaid for Pregnant women	52	Four months of Medicaid for participants otherwise ineligible due to earned income.
20	Family Medicaid or Adult Public Assistance (APA) related Medicaid	54	Medicaid-only for disabled child receiving SSI
24	Institutional Long-Term Care (LTC) Medicaid	69	APA/QMB – full Medicaid plus QMB.
30 31	Waiver for adults with physical & developmental disabilities	70 71	Intellectual & developmental disability (IDD)–waiver
34	Adults with physical and developmental disabilities–waiver APA/QMB	74	Intellectual & developmental disability (IDD)–waiver, APA and receives Medicare
40 41	Older or disabled adult with waiver and Medicaid	80 81	Medically Complex Children–waiver
44	Older or disabled adult with waiver Medicaid, adult public assistance and QMB	91	Individualized Supports waiver – Special LTC
50	Medicaid for children under age 21 who are not in state custody	92	Individualized Supports waiver
51	Medicaid for children under age 21 who are in state custody, including Title IV-E foster care	93	Individualized Supports waiver – Pregnant Woman
52	Four months of Medicaid for participants otherwise ineligible due to earned income.	94	Individualized Supports waiver – APA/QMB eligible

Helpful Websites and Phone Numbers

Advisory Board on Alcoholism and Drug Abuse

<http://dhss.alaska.gov/abada>

Alaska Commission on Aging

<http://dhss.alaska.gov/acoa>

Alaska Mental Health Board

<http://dhss.alaska.gov/amhb>

Division of Behavioral Health

<http://dhss.alaska.gov/dbh>

Toll-free Juneau: 800.465.4828

In Juneau: 907.465.3370

Toll-free Anchorage: 800.770.3930

In Anchorage: 907.269.3600

In Fairbanks: 907.451.5042

Division of Health Care Services

<http://dhss.alaska.gov/dhcs>

In Anchorage: 907.334.2400

Division of Public Assistance

<http://dhss.alaska.gov/dpa>

Division of Public Health

<http://dhss.alaska.gov/dph>

Division of Senior and Disability Services

<http://dhss.alaska.gov/dsds>

Toll-free Anchorage: 800.478.9996

In Anchorage: 907.269.3666

Toll-free Fairbanks: 800.770.1672

In Fairbanks: 907.451.5045

Toll-free Juneau: 866.465.3165

In Juneau: 907.465.3372

Early Screening (EPSDT) Program Travel

Toll-free statewide: 888.276.0606

In Anchorage: 907.269.4575

Note: *The Early Screening Program provides assistance for pregnant women and children to attend medical and WIC appointments.*

Governor's Council on Disabilities and Special Education

<http://dhss.alaska.gov/gcdse>

Toll-free: 888.269.8990

In Anchorage: 907.269.8990

Home and Community-Based Service Waiver

<http://dhss.alaska.gov/dsds/Pages/hcb/hcbwaivers.aspx>

Toll-free: 800.478.9996

In Anchorage: 907.269.3666

IDD Waiver Unit and Services

<http://dhss.alaska.gov/dsds/Pages/dd>

Toll-free: 800.478.9996

In Anchorage: 907.269.3666

Medicaid Travel Offices:

Alaska Medicaid Travel Office

<https://us.travelctm.com/medicaid/>

Toll-free: 800.514.7123

8:30 a.m. – 5:30 p.m., Mon – Sat

12:00 p.m. – 4:00 p.m., Sun

ANTHC Travel Management Office

Toll-free: 866.824.8140, option 1

In Anchorage: 907.729.7720, option 1 8:30 a.m. – 5:30 p.m., Mon – Sun

TCC Patient Travel

Toll-free: 800.478.6682, ext. 3711

In Anchorage: 907.451.6682, ext. 3711 8:00 a.m. – 5:00 p.m., Mon – Fri

10:00 a.m. – 2:00 p.m., Sat

YKHC Medicaid Patient Travel

Toll-free: 855.543.6625

In Anchorage: 907.543.6625

8:30 a.m. – 5:30 p.m., Mon – Sun

Note: For air travel only after service authorization by your provider

Medicare (official U.S. Government website) www.medicare.gov

Toll-free: 800.MEDICARE (800.633.4227)

Medicare Information Office

<http://dhss.alaska.gov/dsds/Pages/medicare>

Toll-free statewide: 800.478.6065 statewide In Anchorage: 907.269.3680

Optum Alaska

<https://alaska.optum.com/>

Toll-free statewide: 800.225.8764

Personal Care Assistance Program

<http://dhss.alaska.gov/dsds/Pages/pca>

Toll-free: 800.478.9996

In Anchorage: 907.269.3666

WIC (Women, Infants, and Children) <http://dhss.alaska.gov/dpa/Pages/nutri/wic>

Public Assistance District and Field Offices

Anchorage District Office

400 Gambell Street
Anchorage, AK 99501
Phone: 907.269.6599
Toll-free: 888.876.2477

Bethel District Office

460 Ridgecrest Dr., Suite 121
Bethel, AK 99559
Phone: 907.543.2686
Toll-free: 800.478.2686

Coastal Field Office I

Phone: 907.269.8950
Toll-free: 800.478.4364 or 800.478.4372

Fairbanks District Office 675

7th Avenue, Station E
Fairbanks, AK 99701
Phone: 907.451.2850
Toll-free: 800.478.2850

Heating Assistance Program Office

10002 Glacier Hwy, Suite 200
Juneau, AK 99801
Phone: 907.465.3058
Toll-free: 800.470.3058

Homer District Office

3670 Lake Street, Suite 200
Homer, AK 99603
Phone: 907.226.3040
Toll-free: 877.235.2421

Juneau District Office

10002 Glacier Hwy., Suite 200
Juneau, AK 99801
Phone: 907.465.3537
Toll-free: 800.478.3537

Kenai Peninsula Job Center

11312 Kenai Spur Hwy., Suite #2
Kenai, AK 99611
Phone: 907.283.2900
Toll-free: 800.478.9032

Ketchikan District Office

2030 Sea Level Drive, Suite 301
Ketchikan, AK 99901
Phone: 907.225.2135
Toll-free: 800.478.2135

Kodiak District Office

211 Mission Rd., Suite 101
Kodiak, AK 99615
Phone: 907.486.3783
Toll-free: 888.480.3783

Kotzebue District Office

Phone: 907.442.3451
Toll-free: 800.478.3451

Long-Term Care Office

3601 C Street, Suite 120
Anchorage, AK 99503
Phone: 907.269.8950
Toll-free: 800.478.4372 or 800.478.4364

Mat-Su District Office

855 W. Commercial Drive Wasilla, AK 99654
Phone: 907.376.3903
Toll-free: 800.478.7778

Muldoon District Office

1251 Muldoon Road, Suite 111B Anchorage, AK 99504
Phone: 907.269.0001
Toll-free: 888.876.2477

Nome District Office

214 E. Front Street Nome, AK 99762
Phone: 907.443.2237
Toll-free: 800.478.2236

Senior Benefits Office

855 W. Commercial Drive Wasilla, AK 99654
Phone: 907.352.4150
Toll-free: 888.352.4150

Sitka District Office

Toll-free: 800.478.3573

Please visit <http://dhss.alaska.gov/dpa/Pages/features/org/dpado.aspx> for the most up-to-date list.