

Optum Alaska

What We Do

Optum Alaska serves Alaska Medicaid participants who are experiencing a Behavioral Health and/or Substance Use Disorder.

Behavioral Health services include treatment for everything from depression to substance use disorders (SUDs) to emotional crisis.

No one needs to suffer alone or go without help.

What This Could Mean for You

Optum Case Management connects you to enrolled Alaska Medicaid behavioral health providers who offer services including:

- Treatment plans that focus on your goals and strengths
- Individual and group therapy
- Family therapy
- Peer support services and more
- Residential services or Inpatient services

Questions?



1-800-225-8764, toll-free statewide Monday-Friday 8:00 a.m.- 6:00 p.m., Alaska Time.

Free language assistance services are available to you.



<https://alaska.optum.com>



MedicaidHelpOptumAK@optum.com.



If you are deaf or hard of hearing, please call 711 for TTY services.

Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-225-8764.

Chinese:

您有權利免費以您的語言得到幫助和訊息。如需洽詢一位口譯員，請撥電話1-800-225-8764。

Hmong:

Muaj kev pab txhais lus pub dawb rau koj. Thov hu rau 1-800-225-8764 lossis saib hauv qab.

Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800.225.8764 번으로전화해 주십시오.

Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-225-8764.

Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-225-8764.

Optum Alaska
Case Management Services
Available through Alaska Medicaid

Optum Helps You Connect with your Alaska Medicaid Behavioral Health and Substance Use Disorders Services

Optum Alaska provides assistance with:

- Finding a provider
- Participant rights and responsibilities
- Participant Handbook requests
- Service benefit information
- And much more

For more information, visit us at <https://alaska.optum.com>.

Let's Start the Conversation About Mental Health



It's okay to ask for help. Mental health is just as important as physical health and deserves the same attention as physical health.

Optum Understands Alaska

Optum Alaska knows that individuals and families have unique paths to wellness, health, and hope.

We understand that every community has its own ways to support and assist the people who live there.

Optum Alaska has in-state staff who are focused on your success. We know Alaska and are familiar with the resources available in your community.

We can help connect you and your providers with effective treatments, resources, and services.



Optum does not discriminate on the basis of race, color, national origin, sex, age, or disability in its health programs and activities.

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