

Serving your needs

Optum Alaska serves Alaska Medicaid participants who are experiencing Behavioral Health and/or substance use disorder (SUD). Optum Case Management and Peer Support Services are free services under Alaska Medicaid benefits plan.

Connecting to support

Optum Case Management connects you to enrolled Alaska Medicaid behavioral health providers and Peer Support Services. Behavioral Health services include treatment for everything from depression to substance use disorders to emotional crisis. Peer Support Services assist in transition to community supports.

What this could mean for you

Optum Case Management services can assist with connecting you to Medicaid participating providers who offer services including:

- Treatment plans that focus on your goals and strengths
- Individual and group therapy
- Family therapy
- Residential services or Inpatient services
- Peer support services and more

Questions?



1-800.225.8764, toll-free statewide Monday – Friday 8:00 a.m. – 6:00 p.m., Alaska time. Free language assistance services are available to you.



alaska.optum.com



MedicaidHelpOptumAK@optum.com.



If you are deaf or hard of hearing, please call 711 for TTY services.

Hmong:

Muaj kev pab txhais lus pub dawb rau koj. Thov hu rau 800.225.8764 lossis saib hauv qab.

Korean:

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 800.225.8764 번으로 전화해 주십시오.

Russian:

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 800.225.8764.

Spanish:

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 800.225.8764.

Tagalog:

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 800.225.8764.

Case Management services available through Alaska Medicaid



Optum understands Alaska

Optum Alaska knows that individuals and families have unique paths to wellness, health, and hope.



Optum Alaska has in-state staff who are focused on your success. We know Alaska and are familiar with resources available in your community.

We understand every community has its own ways to support and assist the people who live there.

We can help connect you and your providers with treatments, resources, and services.



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Let's start the conversation about mental health

Giving yourself respect and patience can be an important part of your recovery.

Try to remember that there's nothing to feel ashamed of. It is okay to ask for help.

The Optum team is ready to assist in care navigation with you.

Approval is not needed to participate in Optum Case Management services. We can help you identify a community provider to help meet your needs.

Optum helps you connect with your Alaska Medicaid Service

Optum Alaska aids with:

- Help understand your diagnosed condition
- Answer questions about behavioral health
- Provide information about different types of treatment
- Explain health care coverage and programs available
- Help schedule health care and therapy appointments
- Connect with resources to help with billing or claims issues
- Find and connect with local community resources
- Work on a plan to reach wellness goals